



# On stage goes off stage

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*Upgrade Youth Work through Theatre Techniques*

7 day Training Course for youth workers in a mountain area in Bulgaria  
**08-16.05.2018 /first and last days are for travelling/**

### **What?**

7 training days in which we will live and learn together, in order:

- to develop and improve the skills in non-formal education in general and in particular in Improvisation and Social Theatre methods for youth workers;
- for the participants to improve skills such as communication, team leading and motivation
- to develop pro-active attitudes among the participants
- to see and understand the similarities and the differences in social and group problems and the different types of conflict that can exist in the groups we work with and in the communities we live in;
- to develop a sense of common responsibility for the future of the local communities as well as the whole European community and to expand participants' network;
- create an interactive learning and reflection group of youth workers that will afterwards lay the foundations for future cooperation in ERASMUS+ projects

### **When?**

08-16 of May 2018 (including arrival and departure dates)

### **Where?**

In the beautiful **Bansko, Bulgaria**.

### **Who can be a participant? YOU! If you:**

- are a resident of Romania, Slovenia, Latvia, Spain, Italy, Portugal, Czech Republic or Hungary. There are only 3 spots per country!
- are a youth worker or youth leader
- are interested in non-formal education, theatre, active participation and the mix between them all
- have a minimal experience with youth programs
- want to become more professional, more ready and able to improve youth work
- believe in values such as: involvement, social responsibility, sense of belonging to a community, youth active participation, early education and the power of group action
- are over 18, speak English and are willing to be an active participant in the entire course duration.

### **Methods?**

You will get the chance to work with innovative methods and to activate you and your team. We will use a lot of Theatre techniques such as de-mechanizing, voice exercises, space, statues and images, improvisation exercises and games. Together we will build short plays using all these techniques.

We will also use methods specific to non-formal education and learning, both individual and group methods, taking into consideration participants' needs.

- Group work
- Workshops
- Role-plays
- Local community contacts
- Open space
- Reflection

We are 9 partner organizations from Romania, Slovenia, Latvia, Spain, Italy, Portugal, Czech Republic and Hungary.

### **What costs?**

You should take into account that 100% of the food and accommodation expenses are covered by the ERASMUS+ programme and participants will be reimbursed the travel costs according to travel distances upon presentation of travel documents.

The Venue of the event will be in **Bansko, Bulgaria**.

Romania /100 and 499 KM/ - **180 EUR**

Italy /100 and 499 KM/- **180 EUR**

Slovenia /500 and 1999 KM/ - **275 EUR**

Hungary /500 and 1999 KM/- **275 EUR**

Czech Republic /500 and 1999 KM/- **275 EUR**

Latvia /500 and 1999 KM/- **275 EUR**

Spain /2000 and 2999 KM/ - **360 EUR**

Portugal, Madeira /3000 and 3999 KM /- **530 EUR**

Bulgaria /less than 100 km/ - **20 EUR**

**NB!** Please, bear in mind that the amounts for transportation costs are given from participants' hometown to the place for project implementation. This means that the local costs from Sofia to Bansko are included in the amount.

We will organize a transportation service for all participants landing in **Sofia to Bansko and back**. **The costs for this service will be 20 euros per participant.**

These costs will be reduced from the maximum amounts given in the budget.

### **What next?**

If you are interested in participating please fill in the following application form:

<https://goo.gl/forms/FKDX3MqDOooN4m5P2>

**DEADLINE: 31 MARCH 2018**

Thank you for your interest!

Diliana Vuchkova

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